

kitty cavalier

SEDUCTION IS A SPIRITUAL PRACTICE



Books

- **Seduction**
Seductress: Women Who Ravished The World And Their Lost Art Of Love by Betsy Prioleau
Swoon: Great Male Seducers And Why Women Love Them by Besty Prioleau
La Seduction: How The French Play The Game Of Life by Elaine Sciolino
Temptress by Jane Billingurst
- **Divine Feminine**
Women Who Run With The Wolves by Clarissa Pinkola Estes
The Dance of the Dissident Daughter by Sue Monk Kidd
- **Body Image**
Eating in the Light of the Moon by Dr. Anita Johnston
Fat Is a Feminist Issue by Susie Orbach
- **Sex and Sensuality**
The Soul of Sex by Thomas Moore
Slow Sex by Nicole Daedone
Vagina: A New Biography by Naomi Wolf

Movies

- **Mary Poppins**
 - *Mary Poppins* is a master of having everything go her way, but convincing the others it was their idea
- **Frida**
 - *This beautiful, lush movie seduces you visually to start with, but the story of revolutionary Frida Kahlo will have you on your knees!*
- **Chocolat**
 - *Notice how Vienne practices seductive surrender to her desires no matter the cost in this masterpiece of seduction and sensuality*
- **Charlie Wilson's War**
 - *Julia Roberts' character is the epitome of the right kind of Femme Fatale: a woman who is bossy, headstrong and brassy all in the name of making the world a better place*
- **Bull Durham**
 - *Susan Sarandon's character is one of my icons. Notice how her vulnerability becomes her greatest power throughout this movie, and how she is sure not afraid of embarrassment.*
- **Breakfast at Tiffany's**
 - *this movie is a fabulous example of a woman having a strong power of seduction but not knowing how to meld it with her vulnerability*
- **Hysteria**
 - *Maggie Gyllenhaal's character in this movie is the epitome of a Sacred Seductress, she lives her joy and truth no matter what the consequences, and others find her irresistible as a result.*
- **Under The Tuscan Sun**
 - *As a total sucker for good a chick flick, I love this testament to what happens when you blindly follow what is seducing you no matter how crazy it feels, and how you always end up coming home to yourself in the end.*